

East Carolina University Army ROTC 2009 Wounded Warrior Run

Benefiting Fort Bragg's Warrior Transition Battalion and Soldier & Family Assistance Center
Saturday, November 14, 2009, 8:30am, Brook Valley Country Club, Greenville, North Carolina

Registration Form

Join us on November 14th to support and honor the Soldiers of Ft. Bragg's Warrior Transition Battalion. The brand new picturesque and rolling 5 mile course runs through the scenic Brook Valley neighborhood. The 1 mile run/walk is a single loop in the same neighborhood. Both events start at 8:30am in the Brook Valley Country Club's clubhouse parking lot. All levels of runners are welcome. Refreshments will be provided before and after the race. All proceeds from the event will go to the Ft. Bragg Soldier & Family Assistance Center which helps assist and support Soldiers assigned to Ft. Bragg's Warrior Transition Battalion and their families as the Soldiers recover from injuries suffered in combat.

Timing and Scoring By East Carolina Road Racing

Course maps, entry forms, results, and more info at www.woundedwarriorrun.com and www.ecrun.org

Registration Fees: \$20 for the 5 Mile before November 10 and \$25 after and on race day. \$15 for the 1 Mile before November 10 and \$20 after. Registration fees for all Soldiers assigned to the Warrior Transition Battalion are waived but runners must still register. Entry fee includes unique, quality t-shirts guaranteed to the first 150 registered runners.

Pre-Registration: Register online at www.woundedwarriorrun.com or by mail (mail entries must be post-marked by November 10) by filling out the registration form available at www.woundedwarriorrun.com and mailing or delivering to ECU Army ROTC, 204 Christenbury, Greenville, NC 27858, Attention - Wounded Warrior Run. Make checks payable to: **ECU Army Cadet Association**. Registration forms are also available by request from the ECU Army ROTC program.

Race Day Registration and Packet Pickup: Brook Valley Country Club's clubhouse starting at 7:00am.

5 Mile Age Groups: 15 and Under, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70-99.

Awards - 5 Mile: Medals for the top 3 Males & Females overall and the top 3 Males & Females in each age group.

Awards - 1 Mile: Medals to the top 3 Males and Females overall. All finishers will receive their time and placing.

Awards Ceremony: Enjoy great food and drink courtesy of the Brook Valley Country Club as soon as you finish. The Awards Ceremony will begin shortly after the last runners finish, at about 10:00am.

Contact Us: For more information, please visit our website at www.woundedwarriorrun.com or contact the ECU Army ROTC Pirate Battalion at 252-328-6085 or pirates@woundedwarriorrun.com.

In Honor Of . . . : Go to www.woundedwarriorrun.com for information on how to run this race in honor of someone.

===== **Entry Form and Waiver – Please read all before signing** =====

First Name: _____ Last Name: _____ Birth Date _____ Age on Nov 14 _____ Sex _____

Street _____ City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____ Event (5M or 1M) _____ Shirt Size _____

Email Address _____ Extra donation to Wounded Warriors _____

I will be participating on ___ Foot ___ Crutches ___ Sport Chair ___ 3 Wheel Race Chair ___ 4 Wheel Hand Crank Bicycle

No animals (except Seeing Eye dogs), skates, skateboards, or bicycles (except course marshals) are allowed in the event in the interest of safety. Portable music players are discouraged in the interest of safety. Baby strollers, race chairs, and hand-crank bikes are welcome. Please be aware however that there are railroad tracks that we will be crossing on the 5 mile course.

I realize that running can be a hazardous activity, and that I and my heirs, executors, administrators, and assigns do hereby release the organizers, sponsors, all race personnel, ECRR, and all members of ECU ROTC, from responsibility for any damages suffered by me as result of my participation in this event. I give my permission for any photos which contain me to be used for promotional purposes. I attest that I believe I am healthy and fit enough to safely participate in the event on November 14, 2009, and that I will take full responsibility for my own safety before, after, and during the event.

Signed _____ Date _____

Parent or Guardian if under 18 _____ Date _____